

## IMPORTANT INFORMATION Summer Club 2009

### Health

You may be asked to pick up your child for the following reasons...

1. Fever of 100 degrees or greater
2. Head lice, pin worms, etc.
3. Vomiting.

### Medication

In order for the Summer Club staff to administer medication, you must complete an "Authorization to Administer Medication" form. This includes non-prescription and prescription medications. All medication must be in its original container and have its original prescription label and safety cap. If your child uses an inhaler or Epi-pen, it must be kept at the YMCA Summer Club Annex. All medication will be kept in a locked medicine box.

### Sunscreen

We ask that you send in sunscreen to be kept at the Summer Club Annex. It should be labeled with your child's name. A non-prescription medication form **is required** in order to apply sunscreen. We encourage the children to apply their own sunscreen. Staff will supervise and help children as needed.

### Release of Children

Children will only be released to persons on the emergency contact form. Additional forms are available if you need to add someone. **Written permission is required** for those not on the emergency contact form. Phone calls are not acceptable. **I.D. is required** and a photocopy will be taken of that I.D and kept on file.

### Lunch

It is your responsibility to send in a lunch with your child on the days that lunch is not provided. Tuesdays are pizza days. The cost for pizza is \$4.00 for two slices. It includes a drink and dessert. \$1.00 will be charged for each additional slice of pizza. On Thursdays we will order Sandwiches from **Subway** at no additional cost. The choices are Ham and Cheese, Turkey and Cheese and Tuna. For some field trips outside foods are not allowed.

### Field trip

A permission slip will be posted each Monday, with information regarding that week's field trip. You **must** sign the permission slip for each field trip. A bag lunch should be brought from home unless otherwise posted. We will travel by bus. Each child will be given a Summer Club T-Shirt, which will be **required** for each trip. Children should bring a water bottle for each field trip.

### Swim

We will go swimming twice per day once in the morning and once in the afternoon. Morning swim will be instructional swim and the afternoon swim will be a recreational swim. If you wish for your child to swim, please send in a bathing suit and towel. Children will change in the Annex.

### Dress Code

Children should wear loose-fitting, comfortable clothing for play. We encourage that children wear sneakers or footwear with rubber soles for outdoor play.