

## **WILDERNESS CAMP**

We are very excited about our **NEW** year of Great Hollow Wilderness Camp!

Great Hollow has added a new twist to our summer wilderness camp programming! Focusing on wilderness skills, teambuilding, and adventure challenges, we would like to present T.E.A.M. Survivor Camp (Together Everyone Achieves More) and for our younger camper, the Young Adventurers Camp.

### **Young Adventurers Camp**

All groups will participate in games and activities that allow them to explore issues of leadership, communication, trust, problem solving and positive risk taking. They will also participate in age appropriate adventure programming including low ropes and high ropes course elements, caving, hiking, orienteering, art, camping skills & safety, rock climbing, nature awareness & exploration!

All activities are contingent on the weather.

AGES: 8-10 years

DATES: June 30 - Aug. 1 1-week sessions (Mon.-Fri.)

TIME: 8:00 a.m. - 5:00 p.m.

FEE: \$300 per week (except week 1, which will be 4 days for \$240)

### **T.E.A.M. Survivor Camp (Together Everyone Achieves More)**

During each week of camp, the campers will form tribes and build a makeshift campsite at which they will learn and practice basic survival and traditional camping skills. Each day the tribes will be given teambuilding challenges during which they receive points for completion. The tribe with the most points at the end of the week will be announced and receive the highest honor of tribes, recognition and a prize. Along with the daily tribal participation the campers will participate in high ropes, caving, orienteering, hiking, art, camping skills, and teambuilding activities. Do you have what it takes to be the next Survivor?

All activities are contingent on the weather.

AGES: 11-13 years

DATES: June 30 - Aug. 1 1-week sessions (Mon.-Fri.)

TIME: 8:00 a.m. - 5:00 p.m.

FEE: \$300 per week (except week 1, which will be 4 days for \$240)

In developing each camp, Great Hollow has remained true to our roots in Adventure & Experiential Education. We maintain a small camper to staff ratio and focus on the power of teamwork and group support in a safe, noncompetitive environment. Many of the activities are challenging, and all of them are fun, but we never pass up an opportunity to reflect on the value of each experience. From adventure to nature, all activities teach us about ourselves and the world around us.

**Please return the following:**

- **Camp Application with payment and post dated information (if not paying in full)**

**The following forms must be turned in by the first day your child attends camp.**

- **Medical Form**
- **Waiver Form**
- **Permission to administer medication, if needed. Note: This form must be signed by both a physician and parent.**

### **Participant Medical Forms**

All participants are required to have a medical form completed by both a physician and parent/guardian. This is a Connecticut State regulation. The physical MUST be completed within 36 months prior to the camp stay. NO participant will be permitted to attend camp until his/her medical form is submitted. Forms are available upon registration. If medication is needed, you must submit an Administration of Medication form signed by both the parent/guardian and the physician.

### **Lunch**

All campers need to bring a lunch made up of *nonperishable* foods that they can carry in their backpack. The state health department no longer accepts insulated boxes or bags as adequate storage for perishable foods.

### **What to Wear and Bring to Camp**

Campers spend all of their time outside everyday. Therefore, we recommend that participants wear comfortable, practical clothing such as sweats, shorts and T-shirts.

Campers should *wear* only sneakers or hiking boots (sandals are NOT appropriate). Campers should *bring* an old pair of sneakers or footgear, like Aqua Socs or Tevas that can be worn in the water.

Each day, campers should bring, sunscreen, a raincoat, water bottle, extra socks, a bathing suit and towel. (Please send a towel that you don't care about in case it gets misplaced).

Please make sure that each item is marked with your child's name. We recommend that each child have a bag or backpack in which to carry all of the required items. Optional items include hats, visors, and insect repellent. PLEASE DO NOT allow your child to bring any toys.