



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FRIENDS DON'T LET FRIENDS WORK OUT ALONE

FREE Guest Pass Thursdays!

For the **WHOLE** year, every Thursday you may bring in a friend without having to use your four free guest passes! All your friend must do is fill out a visitor pass at the Membership Service desk.

- Guests must be 13 years and over
- Guest must have current member in facility with them
- Visitor pass must be completely filled out before entering facility
- Guest must show I.D. when entering the facility
- This promotion excludes (Thursday members only basketball)
- Guest may come to Indoor Cycling classes, but will not be able to sign-up ahead of time.



For more information please contact
Megan Hebert, Member Engagement Director
mhebert@regionalmca.org
203 775 4444 ext. 110