

Outdoor Pool Schedule ~ July 29- August 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July 29	30	31	Aug 1	2	3
	5:00-7:00am Adult Lap LC 12:00-2:00pm CS* SC 4:00-8:00pm CS* SC	5:00-7:00am Adult Lap SC 12:00-2:00pm CS* SC 4:00-7:00pm CS* SC (NO lap 6:30-7pm) 7:00-8:00pm Adult Lap LC	5:00-7:00am Adult Lap LC 12:00-2:00pm CS* SC 4:00-8:00pm CS* SC	5:00-7:00am Adult Lap SC 12:00-2:00pm CS* SC 4:00-8:00pm CS* SC	5:00-7:00am Adult Lap SC 12:00-2:00pm CS* SC 4:00-8:00pm CS* SC	Swim Meet Pool Closed
4	5	6	7	8	9	10
9am-12pm Adult Lap LC 12-5pm CS*	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	9am-12pm Adult Lap LC 12-5pm CS*
11	12	13	14	15	16	17
9am-12pm Adult Lap LC 12-5pm CS*	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	9am-12pm Adult Lap LC 12-5pm CS*
18	19	20	21	22	23	24
9am-12pm Adult Lap LC 12-5pm CS*	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	5:00-8:45am Adult Lap LC 12:00-2:00pm CS* LC 4:00-8:00pm CS* LC	9am-12pm Adult Lap LC 12-5pm CS*
25	26	27	28	29	30	31
9am-12pm Adult Lap LC 12-5pm CS*	5:00-8:45am Adult Lap SC 12:00-8:00pm CS* SC	5:00-8:45am Adult Lap SC 12:00-8:00pm CS* SC	5:00-8:45am Adult Lap SC 12:00-8:00pm CS* SC	5:00-8:45am Adult Lap SC 12:00-8:00pm CS* SC	5:00-8:45am Adult Lap SC 12:00-8:00pm CS* SC	9am-12pm Adult Lap SC 12-5pm CS*

LC- Long Course 50 Meters ~ SC- Short Course 25 Meters ~ CS- Community Swim (open & lap swim) ~ * is for Swim Testing ~ **Adult Lap-** 13 yrs+



RYWC GREENKNOLL BRANCH POOL SCHEDULE

MAIN POOL – Lap Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:30pm	5:00am-9:30pm	5:00am-9:30pm	5:00am-9:30pm	5:00am-8:30pm	6:30-9:00am	6:30am-12:00pm

***Lap Swim –MUST be able to swim unassisted and continuous laps, 13 years and over ***

Limited space depending on time and programming

MAIN POOL – Open Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1:15-9:30pm	1:15-9:30pm	1:15-9:30pm	1:15-9:30pm	1:15-8:30pm		9:00am-12:00pm

Limited space depending on time and programming

THERAPY POOL – Open Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1:30-8:30pm	8:30-10:00am 2:15-8:30pm	1:30-8:30pm	2:15-8:30pm	1:30-4:15pm 5:15-8:30pm		10:00am-12:00pm

Limited space depending on time and programming

Please refer to our app or the online schedule for updates

@regionalymca.org

Times are subject to change without notice.

Effective 7/29/19