

Hello,

Thank you for your interest in the Counselor in Training (CIT) program at YMCA Camp Greenknoll. Our goal is for all CITs to achieve, build relationships and always feel like they belong.

Once you become a CIT, you are no longer just a camper. From the moment you accept this responsibility we expect you to be a positive role model at camp, at the YMCA and in public, as you are a representative of YMCA Camp Greenknoll and the Y.

CITs will work with the CIT coordinator on team building, problem solving, role modeling and supervision, all while building a strong foundation as a future counselor. Part of the experience will be working within an assigned group or specialist; it changes each week. This will give you the opportunity to help younger campers achieve, build relationships and have a sense of belonging. You will be evaluated at the end of each week by the group/ specialist and it will be reviewed with you by the CIT coordinator so we can measure growth and improvement. Another part of team building for CIT's will be field trips each week. Some will be community service based, others may be hiking or rock climbing. These are not just fun trips away from camp; they are also used by the CIT coordinator, how behavior changes in different settings, how well each person adapts to change and challenges and what they do to overcome any obstacles.

Acceptance into the program will be based on your completed application, two letters of recommendation and your interview. Interviews will be arranged by the Camp Director or the CIT Coordinator. All CIT applicants must be 14 or 15 years old.

Counselor in Training (CIT) \$200/week (The week of July 4th is always discounted as we are closed the 3rd in observant of the July 4th holiday.)

Thank You,

Sean Turner  
School Age Program and Camp Director  
[sturner@regionalymca.org](mailto:sturner@regionalymca.org) 203.775.4444 ext. 103

#### CIT Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

School Attending: \_\_\_\_\_

Grade in the Fall: \_\_\_\_\_

Parent's/ Guardian's Names: \_\_\_\_\_ and  
\_\_\_\_\_

1. There are a lot of things that you could be doing this summer. Why did you decide to apply to be a CIT at YMCA Camp Greenknoll?

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2. Describe an achievement you are proud of and why it made you feel this way?

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3. Please tell us about any clubs, sports or groups you belong to.

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4. Volunteering experience - do you have any? If so why did you choose what you did?

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5. How would you handle it if a camper came to you and said "I don't like camp because I have no friends here"?

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6. Who is your role model and why?

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7. What would say is your biggest weakness?

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8. Camp Greenknoll is a challenge by choice program, meaning we do not force but strongly encourage campers to participate in all activities- even if this means they step outside their comfort zone. What is something that you might be challenging yourself with here?

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9. Being a role model at Camp, how do you think you would help a camper step outside his/her comfort zone ?

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10. Do you want to be a camp counselor (be honest, this does not affect your application from being accepted as a CIT)? What do you want to be/do after highschool?

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**IMPORTANT:** Two letters of recommendation must be enclosed with this application to complete the process. Letters of recommendation can come from anyone: teachers, coaches, mentors, team captain, guidance counselors, etc. Please - no letters from parents.

**\*\*** I have read and answered the questions above and feel that my participation as a CIT will enhance the program for staff, campers and other CITs. I will do my best to help others achieve, build relationships and have a sense of belonging. If I am accepted into the program, I understand the YMCA and/or YMCA Camp Greenknoll can ask me to leave the CIT program at any time. I understand that participating in the CIT program does not guarantee me future employment with YMCA Camp Greenknoll or the Regional YMCA.

\_\_\_\_\_ Candidate's signature  
Date

\_\_\_\_\_ Parent's signature  
Date