



RYWC Greenknoll Branch Pool Schedules

MAIN POOL – Lap Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:30pm	5:00am-9:30pm	5:00am-9:30pm	5:00am-9:30pm	5:00am-8:30pm	6:30am-9:00am 12:00pm-5:30pm	6:30am-5:30pm

*Lap Swim –MUST be able to swim unassisted and continuous laps, 13 years and over *
 Limited space depending on time and programming

MAIN POOL – Open Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1:15pm-9:30pm	1:15pm-9:30pm	1:15pm-9:30pm	1:15pm-9:30pm	1:15pm-8:30pm	12:00pm-5:30pm	9:00am-5:30pm

Limited space depending on time and programming

THERAPY POOL – Open Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:55am-12:55pm 2:15pm-8:30pm	8:30am-9:15am 2:15pm-8:30pm	11:55am-12:55pm 2:15pm-8:30pm	8:30am-9:15am 2:15pm-8:30pm	11:55am-12:55pm 2:15pm-4:15pm 5:15pm-8:30pm	12:00pm-5:30pm	12:00pm-5:30pm

Limited space depending on time and programming

YDAC – Lap Swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-1:00pm	10:00am-12:00pm	5:00am-1:00pm	10:00am-12:00pm	5:00am-1:00pm	9:00am-1:00pm	9:00am-1:00pm

* Lap Swim –MUST be able to swim unassisted and continuous laps, 13 years and over *

Please refer to our app or the online schedule for updates @regionalymca.org
 Times are subject to change without notice