



REGIONAL YMCA POOL SCHEDULE

Effective October 29, 2021

Lap Swim Schedule*

Main Pool

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
6am-7:45pm	6am-7:45pm	6am-7:45pm	6am-7:45pm	6am-3:45pm	7am-8:45am 12pm to 3:45pm	7am-8:45am 12pm to 3:45pm

Outdoor Pool (YDAC)

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
5am - 8am	5am - 12pm	5am - 8am	5am - 12pm	5am - 8am	9am - 1pm	9am - 1pm

*MUST be able to swim unassisted and continuous laps, 13 years and over.

Family/Open Swim Schedule

Main Pool

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
12pm - 6pm	12pm - 7:45pm	12pm - 6pm	12pm - 7:45pm	12pm - 3:45pm	12pm - 3:45pm	12pm - 3:45pm

Outdoor Pool (YDAC)

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
					12pm - 1pm	11am - 1pm

Therapy Pool

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
9am - 9:45am	9am - 11am 12pm-5:45pm	9am - 9:45am	9am - 11am 12pm-5:45pm	9am -3:45pm	10:15am-12:45pm	9am-11am
11am -7:45pm	7pm - 7:45pm	11am-7:45pm	7pm - 7:45pm			