



# REGIONAL YMCA POOL SCHEDULE

Effective January 10<sup>th</sup> 2022

## Lap Swim Schedule\*

### Main Pool

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
6am-7:45pm	6am-7:45pm	6am-7:45pm	6am-7:45pm	6am-3:45pm	7am-8:45am 12pm to 3:45pm	7am-8:45am 12pm to 3:45pm

### Outdoor Pool (YDAC)

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
5am - 12pm	5am - 12pm	5am - 12pm	5am - 12pm	5am - 12pm	9am - 1pm	9am - 1pm

\*MUST be able to swim unassisted and continuous laps, 13 years and over.

\*Number of lanes available varies throughout the day due to Y programs, rentals and open swim.

## Family/Open Swim Schedule

### Main Pool

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
12pm - 6pm	12pm - 7:45pm	12pm - 6pm	12pm - 7:45pm	12pm - 3:45pm	12pm - 3:45pm	12pm - 3:45pm

### Outdoor Pool (YDAC)

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
					12pm - 1pm	11am - 1pm

### Therapy Pool

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
11am - 7:45pm	9am - 11am 12pm-5:45pm 7pm - 7:45pm	11am-7:45pm	9am - 11am 12pm-5:45pm 7pm - 7:45pm	9am - 3:45pm	10:15am-3:45pm	9am-3:45pm